

TERM 1 MENU STARTING 1st SEPTEMBER 2017
PLEASE CIRCLE THE OPTIONS & RETURN BY
FRIDAY 14TH JULY 2017

Price £2.10
per meal

We in the kitchen hope your children enjoy our daily, freshly cooked meals. We strive to produce wholesome meals cooked with excellent quality, and where possible locally sourced ingredients.

Please can you **clearly circle, (no highlighter)** or where applicable, tick the box indicating your choice. If you do not wish your child to have a dinner on a specific day leave that day blank. With regards to the **desserts** if you are happy for your child to choose their dessert on the day then clearly circle the 'dessert of the day' option. If you choose yoghurt or fruit, your child will **NOT** be able to have the dessert of the day.

Once you have completed your menu choices and returned the form to school, should you wish to change your choice e.g. menu choice is a cooked dinner but you decide to send in a packed lunch, please inform the school office no later than 9.00 am on that day (the more notice the better) otherwise charges may occur (KS2 children only). This will assist in waste management.

Dinners continue to be good value at £2.10 per day and are currently available free of charge to all children in reception, Y1 and Y2. Please can we remind you that **payment is due in advance** either weekly or termly, **NOT** in arrears. Payment can be made easily using Parentmail. This is a wallet you add funds to at your convenience. Dinners taken that week are deducted each Friday.

As ever, we would welcome any comments or suggestions.

Becky Laing

NAME : _____ Class : _____

WEEK 1 w/c 4th Sept	Monday	Tuesday	Wednesday	Thursday	Friday
DISH OF THE DAY	Spaghetti Bolognese	Roast Lamb, roast potatoes & gravy	Jacket Potato <input type="checkbox"/> Jacket out of the skin <input type="checkbox"/>	Roast Turkey, roast potatoes & gravy	Cod fish fingers & chips
VEGETARIAN OPTION	Veggie spaghetti bolognese	Vegetarian sausage	Cheese & beans <input type="checkbox"/> Tuna mayo <input type="checkbox"/>	Veggie chicken portion	
VEGETABLES	Mixed Veg	3 veg options	Salad	3 veg options	Beans & spaghetti
DESSERT OF THE DAY	Fruit Crunchies	Fruit and ice-cream	Shortbread & peaches	Cake & custard	Choco Crispies
ALTERNATIVE DESSERT	Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit

WEEK 2 w/c 11th Sept	Monday	Tuesday	Wednesday	Thursday	Friday
DISH OF THE DAY	Chicken Curry <input type="checkbox"/> with rice Sweet & Sour <input type="checkbox"/> with rice	Roast Beef, roast potatoes & gravy	Jacket Potato <input type="checkbox"/> Jacket out of the skin <input type="checkbox"/>	Roast Pork, roast potatoes & gravy	Turkey Burger with chips
VEGETARIAN OPTION	Veggie Chicken curry <input type="checkbox"/> Veggie Sweet & sour <input type="checkbox"/>	Veggie burger	Cheese & beans <input type="checkbox"/> Tuna mayo <input type="checkbox"/>	Veggie meatballs	Veggie chicken burger
VEGETABLES	Mixed vegetables	3 veg options	Salad	3 veg options	Baked Beans & spaghetti
DESSERT OF THE DAY	Eton Mess	Chocolate Cake	Banana custard	Doughnuts	Fruit & Ice- cream
ALTERNATIVE DESSERT	Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit

WEEK 3 w/c 18th Sept	Monday	Tuesday	Wednesday	Thursday	Friday
DISH OF THE DAY	Ham pasta in tomato & herb sauce	Roast lamb, roast potatoes & gravy	Jacket Potato <input type="checkbox"/> Jacket out of the skin <input type="checkbox"/>	Roast Turkey with roast potatoes & gravy	Cod Fish cakes <input type="checkbox"/> Salmon Fish cakes <input type="checkbox"/> with chips
VEGETARIAN OPTION	Tuna pasta in tomato & herb sauce	Veggie sausage	Cheese & beans <input type="checkbox"/> Tuna mayo <input type="checkbox"/>	Veggie chicken portion	
VEGETABLES	Sweetcorn and / or peas	3 veg options	Salad	3 veg options	Baked Beans & spaghetti
DESSERT OF THE DAY	Angel Delight & Peaches	Flapjack	Fruit & Ice-cream	Cinnamon orange cake	Rocky Road
ALTERNATIVE DESSERT	Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit

WEEK 4 w/c 25th Sept	Monday	Tuesday	Wednesday	Thursday	Friday
DISH OF THE DAY	Chicken casserole & mash potato	Roast Beef with roast potatoes & gravy	Jacket Potato <input type="checkbox"/> Jacket out of the skin <input type="checkbox"/>	Roast Pork with roast potatoes & gravy	Sausage with chips
VEGETARIAN OPTION	Vegetarian chicken casserole & mash potato	Veggie burger	Cheese & beans <input type="checkbox"/> Tuna mayo <input type="checkbox"/>	Veggie meatballs	Veggie Sausage with chips
VEGETABLES	Sweetcorn and / or peas	3 veg options	Salad	3 veg options	Baked Beans & spaghetti
DESSERT OF THE DAY	Ice cream & fruit	Chocolate Brownies	Fruity flapjack	Peaches & cream	Apple Muffins
ALTERNATIVE DESSERT	Yoghurt or fruit	Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit

WEEK 5 w/c 2nd October	Monday	Tuesday	Wednesday	Thursday	Friday
DISH OF THE DAY	Spaghetti Bolognese	Roast Lamb, roast potatoes & gravy	Jacket Potato <input type="checkbox"/> Jacket out of the skin <input type="checkbox"/>	Roast Turkey, roast potatoes & gravy	Cod fish fingers & chips
VEGETARIAN OPTION	Veggie spaghetti bolognese	Vegetarian sausage	Cheese & beans <input type="checkbox"/> Tuna mayo <input type="checkbox"/>	Veggie chicken portion	
VEGETABLES	Mixed Veg	3 veg options	Salad	3 veg options	Beans & spaghetti
DESSERT OF THE DAY	Fruit Crunchies	Fruit and ice-cream	Shortbread & peaches	Cake & custard	Choco Crispies
ALTERNATIVE DESSERT	Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit

WEEK 6 w/c 9th October	Monday	Tuesday	Wednesday	Thursday	Friday
DISH OF THE DAY	Chicken Curry with rice <input type="checkbox"/> Sweet & Sour with rice <input type="checkbox"/>	Roast Beef, roast potatoes & gravy	Jacket Potato <input type="checkbox"/> Jacket out of the skin <input type="checkbox"/>	Roast Pork, roast potatoes & gravy	Turkey Burger with chips
VEGETARIAN OPTION	Veggie Chicken curry <input type="checkbox"/> Veggie Sweet & sour <input type="checkbox"/>	Veggie burger	Cheese & beans <input type="checkbox"/> Tuna mayo <input type="checkbox"/>	Veggie meatballs	Veggie chicken burger
VEGETABLES	Mixed vegetables	3 veg options	Salad	3 veg options	Baked Beans & spaghetti
DESSERT OF THE DAY	Eton Mess	Chocolate Cake	Banana custard	Doughnuts	Fruit & Ice-cream
ALTERNATIVE DESSERT	Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit

WEEK 7 w/c 16th October	Monday	Tuesday	Wednesday	Thursday	Friday
DISH OF THE DAY	Ham pasta in tomato & herb sauce	Roast lamb, roast potatoes & gravy	Jacket Potato <input type="checkbox"/> Jacket out of the skin <input type="checkbox"/>	End of Term	
VEGETARIAN OPTION	Tuna pasta in tomato & herb sauce	Veggie sausage	Cheese & beans <input type="checkbox"/> Tuna mayo <input type="checkbox"/>		
VEGETABLES	Sweetcorn	3 veg options	Salad		
DESSERT OF THE DAY	Angel Delight & Peaches	Flapjack	Fruit & Ice Cream		
ALTERNATIVE DESSERT	Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit		

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